

# PANTOR 20/40

(Pantoprazole Sodium Enteric Coated Tablets, 20 mg & 40 mg)

## COMPOSITION:

### PANTOR 20

Each enteric-coated tablet contains:

Pantoprazole sodium sesquihydrate equivalent to

Pantoprazole .....20 mg

Colours: Yellow Oxide of Iron & Titanium Dioxide

### PANTOR 40

Each enteric-coated tablet contains:

Pantoprazole sodium sesquihydrate equivalent to

Pantoprazole .....40 mg

Colours: Yellow Oxide of Iron & Titanium Dioxide

## PHARMACOLOGICAL ACTION:

### Site and mechanism of action

Pantoprazole is a proton pump inhibitor, i.e., it inhibits specifically and dose proportionally H<sup>+</sup>,K<sup>+</sup>-ATPase, the enzyme which is responsible for gastric acid secretion in the parietal cells of the stomach.

Pantoprazole is a substituted benzimidazole which accumulates in the acidic compartment of the parietal cells after absorption. In the parietal cell it is protonated and chemically re-arranged to the active inhibitor, a cyclic sulphenamide, which binds to the H<sup>+</sup>,K<sup>+</sup>-ATPase, thus inhibiting the proton pump and causing suppression of stimulated and basal gastric acid secretion after single and multiple intravenous and oral pantoprazole dosing. Because pantoprazole acts distal to the receptor level, it can influence gastric acid secretion irrespective of the nature of the stimulus.

Pantoprazole exerts its full effect in a strongly acidic environment (pH<3) and remains mostly inactive at higher pH values, which explains its selectivity for the acid secreting parietal cells of the stomach. Therefore, the complete pharmacological and therapeutic effect for pantoprazole can only be achieved in the acid-secreting parietal cells. By means of a feedback mechanism this effect is diminished at the same rate as acid secretion is inhibited.

### Effect on gastric acid secretion

The mean inhibition of pentagastrin stimulated acid output after 40 mg/day is 85% after seven days, 21/2 to 31/2 hours after dosing. After stopping the intake of pantoprazole, there is no evidence of rebound hypersecretion and 7 days after taking the last dose, the acid output is normal.

Pantoprazole maintains the physiological pH-rhythm. The values, however, are shifted to higher levels. During the night, periods with pH values approximating placebo have been found. Although pantoprazole has a half-life of approximately 1 hour, the antisecretory effect increases during repeated once daily administration, demonstrating that the duration of action markedly exceeds the serum elimination half-life.

## PHARMACOKINETICS:

### Absorption and distribution

Pantoprazole is unstable in acid and is administered orally in the form of an enteric-coated tablet. Absorption takes place in the small intestine. On average, the maximum serum/plasma concentrations are approximately 2 to 3 micrograms/mL about 21/2 hours after administration of 40 mg pantoprazole daily, as a single or multiple doses in healthy volunteers. The absolute systemic bioavailability of pantoprazole from single and multiple oral doses of pantoprazole is approximately 77%.

Following intravenous administration pantoprazole serum/plasma concentrations decline by exponentially. The terminal half-life (t<sub>1/2</sub>) is about 1 hour. The total serum clearance is approximately 0.1 L/h/kg and the volume of distribution is about 0.15 L/kg respectively. The plasma kinetics for pantoprazole after both oral and intravenous administration is linear over the dose range 10-80 mg.

### Metabolism

Pantoprazole is almost exclusively metabolised in the liver. The main metabolite is desmethylpantoprazole which is conjugated with sulphate.

### Elimination

Renal elimination represents the most important route of excretion (approximately 80%) for the metabolites of pantoprazole. The balance is excreted with the faeces. The half-life of the main metabolite is approximately 11/2 hours which is slightly longer than that of pantoprazole.

### Pharmacokinetic profile in patients

In subpopulations of subjects suffering from mild to moderately severe liver cirrhosis, the half-life increases from 1 hour to between 7 to 9 hours. The AUC values are increased by a factor of 6 to 8, while the maximum serum concentration increases by a factor of only 11/2 in comparison with healthy subjects.

In patients with renal impairment the half-life of the main metabolite is moderately increased but there is no accumulation at therapeutic doses. The half-life of pantoprazole in patients with renal impairment is comparable to the half-life of pantoprazole in healthy subjects. Pantoprazole is poorly dialysable. A slight increase in AUC and C<sub>max</sub> occurs in elderly volunteers compared with younger people.

### INDICATIONS:

PANTOR 40 is indicated for the short-term treatment of duodenal ulcer, gastric ulcer and reflux esophagitis. If the duodenal ulcer has been demonstrated to be associated with Helicobacter pylori infection, PANTOR 40 used in combination with appropriate antibiotics may be useful.

PANTOR 20 is indicated for the symptomatic improvement (e.g. heartburn, acid regurgitation, pain on swallowing) and healing of mild gastro-esophageal reflux disease (GERD).

PANTOR 20 is indicated for long-term management and prevention of relapse in gastro-esophageal reflux disease (GERD).

### CONTRA-INDICATIONS:

Hypersensitivity to pantoprazole.

Safety in pregnancy and during lactation has not been established.

Safety and efficacy in children has not been established.

Severely impaired liver function. (See under DOSAGE AND DIRECTIONS FOR USE)

### DRUG INTERACTION:

Concomitant intake of food has no influence on the bioavailability.

Pantoprazole may reduce or increase the absorption of drugs whose bioavailability is pH-dependant e.g. ketoconazole.

Studies in humans reveal no interaction with the cytochrome P450-system of the liver. There was no induction of the cytochrome P450-system after chronic administration as shown with marker antipyrine and no interactions were observed after concomitant

administration of Pantoprazole with antipyrine, diazepam, theophylline, digoxin, oral contraceptives, phenytoin, Nifedipine, carbamazepine, Diclofenac, metoprolol, glibenclamide, ethanol, and caffeine. Concomitant administration of warfarin or phenprocoumon has no influence on its effect on coagulation factors.

### PREGNANCY AND LACTATION:

#### Pregnancy (Category B):

Teratology studies have been performed in rats at oral doses up to 450 mg/kg/day (88 times the recommended human dose based on body surface area) and rabbits at oral doses up to 40 mg/kg/day (16 times the recommended human dose based on body surface area) and have revealed no evidence of impaired fertility or harm to the foetus due to pantoprazole. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

#### Lactation:

Pantoprazole and its metabolites are excreted in the milk of rats. It is not known whether pantoprazole is excreted in human milk. Many drugs which are excreted in human milk have a potential for serious adverse reactions in nursing infants. Based on the potential for tumorigenicity shown for pantoprazole in rodent carcinogenicity studies, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the benefit of the drug to the mother.

### DOSAGE AND DIRECTIONS FOR USE:

The recommended once daily dosage of pantoprazole should be taken in the morning. PANTOR 20 and PANTOR 40 should be swallowed whole with a little water either before or during breakfast.

#### Duodenal ulcer

The recommended oral dosage is 40 mg pantoprazole once daily in the morning for 2 to 4 weeks. If the duodenal ulcer has been demonstrated to be associated with Helicobacter pylori infection, PANTOR 40 used in combination with appropriate antibiotics may be useful.

#### Gastric ulcer

The recommended oral dosage is 40 mg pantoprazole once daily in the morning for 4 to 8 weeks. In the case of a suspected gastric ulcer, malignancy of the ulcer should be excluded, as treatment could conceal the symptoms and may delay diagnosis.

#### Reflux oesophagitis

The recommended oral dosage is 40 mg pantoprazole once daily in the morning for 4 to 8 weeks.

#### Mild Gastro-esophageal reflux disease (GERD)

The recommended oral dosage is 20 mg pantoprazole per day. A 4-week period is usually required for healing of mild GERD. If this is not sufficient, healing will usually be achieved within a further 4 weeks.

#### Long-term management and prevention of relapse in GERD

For long-term management a maintenance dose of one PANTOR 20 tablet per day is recommended, increasing to 40 mg pantoprazole per day if a relapse occurs. After healing of the relapse, the dosage can be reduced to 20 mg pantoprazole. Experience with long-term administration is limited.

#### Elderly patients

No dosage adjustment is necessary in the elderly.

#### Impaired renal and liver function

No dosage adjustment is required in the presence of impaired renal and liver function. A daily dose of 20 mg pantoprazole should not be exceeded in patients with mild to moderate severe hepatic cirrhosis.

#### Mode of Administration: Oral

### SIDE-EFFECTS AND SPECIAL PRECAUTIONS:

#### Side-effects

Headaches and gastro-intestinal complaints such as upper abdominal pain, diarrhoea, constipation or flatulence have been reported. With continued treatment complaints usually diminish. There have been reports of allergic reactions such as skin rash, pruritus and in isolated cases also urticaria, angioedema or anaphylactic shock.

There have been less frequent reports of nausea, dizziness or disturbances in vision (blurred vision).

Peripheral oedema, depression, fever or myalgia has been reported in individual cases.

#### Special precautions

Pantoprazole is not indicated for mild gastro-intestinal complaints such as nervous dyspepsia. Prior to treatment, the possibility of a malignant gastric ulcer or a malignant disease of the oesophagus should be excluded, as the treatment with pantoprazole may alleviate the symptoms of malignant ulcers and can thus delay diagnosis.

Diagnosis of reflux oesophagitis should be confirmed by endoscopy.

### KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

There are no known symptoms of overdosage in man. No specific therapeutic recommendation can be made in cases of overdosage.

### IDENTIFICATION:

PANTOR 20: Yellow colored, oval shape, biconvex, enteric coated tablets, plain on both sides with a length of 8.9 mm.

PANTOR 40: Yellow colored, oval shape, biconvex, enteric coated tablets, plain on both sides with a length of 11.7 mm.

### STORAGE INSTRUCTIONS:

Store below 25°C.

### PRESENTATION:

Pantor 20/40 tablets are packed in Alu-Alu blister of 10 tablets. Such blisters containing 10 tablets are packed into a carton of 10's, 30's and 100's.

Not all presentations may be available locally.

### DATE OF REVISION:

March 20, 2014

### NAME AND BUSINESS ADDRESS OF THE APPLICANT:



Manufactured by:  
TORRENT PHARMACEUTICALS LTD.  
Indrad-382 721, Dist. Mehsana, INDIA.