

NUALA E

For the use of a Registered Medical Practitioner or a Hospital or a Laboratory Only

Abbreviated Prescribing information for **NUALA E** [alpha lipoic acid, benfotiamine, enzogenol, vitamin B2, vitamin B6, methylcobalamin, folic acid and chromium picolinate] [Please refer the complete prescribing information available at www.torrentpharma.com]

PHARMACOLOGICAL PROPERTIES: **Alpha-lipoic acid** seems to help prevent certain kinds of cell damage in the body, and also restores vitamin levels such as vitamin E and vitamin C. **Benfotiamine** can activate glucose metabolism and promote healthy blood glucose levels in those already within normal range. Benfotiamine also helps maintain healthy endothelial function and supports the health of the nerves, kidneys, eyes, blood vessels, and heart. **Enzogenol's** health promoting properties like lowering oxidation and inflammation in the body, supporting cardiovascular, brain and eye function, and protecting the skin from oxidative stress. **Riboflavin** is required for the proper development and function of the skin, lining of the digestive tract, blood cells, and many other parts of the body. **Pyridoxine** is required for the proper function of sugars, fats, and proteins in the body. **Vitamin B12** is required for the proper function and development of the brain, nerves, blood cells, and many other parts of the body. **Folic acid** is needed for the proper development of the human body. It is involved in producing the genetic material called DNA and in numerous other bodily functions. **Chromium** might help keep blood sugar levels normal by improving the way our bodies use insulin.

INDICATION: As a dietary food supplement.

DOSAGE AND ADMINISTRATION: One capsule daily half an hour before meal. It is for adult use only.

WARNINGS & PRECAUTIONS: Keep out of reach of children. Do not exceed recommended dose. Please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating. Use cautiously or stop the Nuala E if the patient with using diabetes medications, hunger, weakness, nausea, irritability, dizziness, headache, blurred vision, confusion, sweating, fast heart rate, or fainting, excessive use of alcohol/thiamine deficiency, thyroid disease, polycythemia vera, megaloblastic anemia, Leber's disease, a hereditary eye disease, allergy or sensitivity to cobalt or cobalamin, Post-surgical stent placement, kidney disease, liver disease, diabetes, chromate/leather contact allergy, behavioral or psychiatric conditions.

DRUG INTERACTIONS: Medications for cancer (chemotherapy), antidiabetes drugs, anticholinergic drugs, tricyclic antidepressants, phenobarbital, probenecid, amiodarone, phenytoin, levodopa, chloramphenicol, fosphenytoin, methotrexate, primidone, pyrimethamine, insulin, levothyroxine and NSAIDs,

ADVERSE REACTIONS: Rash, lower blood sugar, urine to turn a yellow-orange color, diarrhea, an increase in urine, nausea, vomiting, stomach pain, loss of appetite, headache, tingling, sleepiness, brain and nerve problems, abdominal cramps, sleep disorders, irritability, confusion, stomach upset, behavior changes, skin reactions, seizures, gas, excitability, mood changes, impaired thinking, judgment and coordination.

MARKETED BY:



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(Additional information is available on request)