

## **HAIRJOY M**

**To be sold by retail on the prescription of a Dermatologist only**

Abbreviated Prescribing information for HAIRJOY M (Minoxidil Topical Foam U.S.P.)  
[Please refer the complete prescribing information available at [www.torrentpharma.com](http://www.torrentpharma.com)]

**PHARMACOLOGICAL PROPERTIES:** Minoxidil is an antihypertensive medication also claiming to slow or stop hair loss and promote hair regrowth. The exact mechanism of action of minoxidil for topical treatment of alopecia is not fully understood, but minoxidil can reverse the hair loss process of androgenetic alopecia by the following means: increasing the diameter of the hair shaft, stimulating anagen growth, prolonging the anagen phase and stimulating anagen recovery from the telogen phase.

**INDICATIONS:** It's indicated for the treatment of male pattern baldness.

**DOSAGE AND ADMINISTRATION:** Men aged 18-65: Hair and scalp should be thoroughly dry prior to topical application of Minoxidil. This dose should be used regardless of the size of the affected area. The total dosage should not exceed 2 ml. If hair regrowth occurs, twice daily applications of the medication are necessary for continued hair growth.

**CONTRAINDICATIONS:** In users with a history of sensitivity to Minoxidil or any of its excipients, In users with treated or untreated hypertension, In users with any scalp abnormality (including psoriasis and sunburn), In users with a shaved scalp or whose scalp's skin is broken, inflamed, irritated, infected or severely sunburned, If occlusive dressings or other topical medical preparations for treating disorders of the skin of the scalp are being used, During pregnancy or breastfeeding, In women, Certain prescription and non-prescription medications, certain treatments, such as cancer chemotherapy, or certain diseases, such as iron deficiency, thyroid disorders or secondary syphilis, as well as severe nutritional problems and poor grooming habits, may also cause temporary hair loss which should not be treated with Minoxidil Topical Solution.

**WARNINGS AND PRECAUTIONS:** Minoxidil is not indicated when there is no family history of hair loss, hair loss is sudden and/or patchy, hair loss is due to childbirth, or the reason for hair loss is unknown. The patient should stop using Minoxidil and see a doctor if hypotension is detected or if the patient is experiencing chest pain, rapid heartbeat, faintness or dizziness, sudden unexplained weight gain, swollen hands or feet or persistent redness, increased hair shedding upon initiation of therapy is reported. Minoxidil is for external use only. Do not apply to areas of the body other than the scalp.

**DRUG INTERACTIONS:** Absorption of topical minoxidil is controlled and rate-limited by the stratum corneum. Topical drugs, such as corticosteroids, tretinoin, dithranol or petrolatum, which alter the stratum corneum barrier, could result in increased absorption of minoxidil if applied concurrently. Although it has not been demonstrated clinically, there exists the theoretical possibility of absorbed minoxidil potentiating orthostatic hypotension caused by peripheral vasodilators.

**ADVERSE REACTIONS:** Headache, Hypotension, Dyspnoea, Hypertrichosis, Pruritus, Rash, Dermatitis, Temporary hair loss, changes in hair texture and hair colour, skin exfoliation, acne

and dry skin, Peripheral Oedema, Application site irritation, site conditions, Application site erythema.

**MARKETED BY:**



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**IN/ HAIRJOY M 2% and 5% W/V/JUL -21/01/ABPI**

(Additional information is available on request)

