## MEGASHELCAL

## For the use of a Registered Medical Practitioner or a Hospital or a Laboratory only

Abbreviated Prescribing information for MEGASHELCAL [Formula A: Omega-3-Marine triglycerides 700mg (providing eicosapentaenoic acid 70 mg and docosahexaenoic acid 280 mg), Formula B: elemental calcium 500 mg, vitamin D3 250 IU, magnesium (elemental) 40mg, manganese (elemental) 1.8mg, Zinc (elemental) 7.5 mg, copper (elemental) 1.0 mg and Boron (elemental) 250 mcg] [Please refer the complete prescribing information available at www.torrentpharma.com]

**PHARMACOLOGICAL PROPERTIES**: Minerals and Multivitamins. It is a Combipack of fish lipid oil capsules and calcium with vitamin D3 & minerals tablets. *Calcium Carbonate:* Calcium preparations are used to prevent or to treat calcium deficiencies, *Calcitriol*: It is the active form of vitamin D3. Vitamin D is important for the absorption of calcium from the stomach and for the functioning of calcium in the body.

**INDICATION:** It is indicated from the 2nd trimester of pregnancy right through lactation.

**DOSAGE AND ADMINISTRATION:** Take one Capsule (Formula A) & one Tablet (Formula B) together once or twice in a day, or as directed by the Physician.

**CONTRAINDICATION:** Contraindicated in patients with known hypersensitivity, hypercalcaemia resulting from myeloma, bone metastases or other malignant bone disease, sarcoidsis, primary hyperparathyroidism, vitamin D over-dosage and severe renal failure, insulin-dependent diabetics with aspirin sensitive asthma.

**WARNINGS & PRECAUTIONS**: Caution is advised in patients with bleeding, aspirin sensitive asthma, hepatic impairment, mild to moderate renal failure or mild hypercalciuria, history of renal stones and renal impairment.

**DRUG INTERACTION:** It can interact with Thiazide diuretics, phenytoin or barbiturates, glucocorticoids, digitalis and other cardiac glycosides and calcium salts.

**ADVERSE REACTIONS:** Eructation, fishy after-taste, nausea, vomiting, diarrhoea, constipation, acne, eczema, moderate increases in hepatic transaminases, abdominal pain, flatulence, nausea, tachycardia and palpitation and hypersensitivity reaction (allergic):

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(Additional information is available on request)