

## LINAXA

**For the use of a Registered Medical Practitioner or a Hospital or a Laboratory Only**

Abbreviated Prescribing information for (Linagliptin tablets 5 mg)

[Please refer the complete prescribing information for details].

### PHARMACOLOGICAL PROPERTIES:

**Mechanism of Action:** Linagliptin is an inhibitor of the enzyme DPP-4 (dipeptidyl peptidase 4, EC 3.4.14.5) an enzyme which is involved in the inactivation of the incretin hormones GLP-1 and GIP (glucagon-like peptide1, glucose-dependent insulintropic polypeptide). These hormones are rapidly degraded by the enzyme DPP-4. Both incretin hormones are involved in the physiological regulation of glucose homeostasis. Incretins are secreted at a low basal level throughout the day and levels rise immediately after meal intake. GLP-1 and GIP increase insulin biosynthesis and secretion from pancreatic beta cells in the presence of normal and elevated blood glucose levels. Furthermore GLP-1 also reduces glucagon secretion from pancreatic alpha cells, resulting in a reduction in hepatic glucose output.

**INDICATIONS:** It is indicated as an adjunct to diet and exercise to improve glycaemic control in adults with type 2 diabetes mellitus.

**DOSAGE AND ADMINISTRATION:** As directed by the Physician. Tablets should be taken orally.

**CONTRAINDICATION:** Hypersensitivity to the active substance or to any of the excipients.

**WARNINGS & PRECAUTIONS:** *General:* Linagliptin should not be used in patients with type 1 diabetes or for the treatment of diabetic ketoacidosis. *Hypoglycaemia:* Linagliptin alone showed a comparable incidence of hypoglycaemia to placebo. In clinical trials of linagliptin as part of combination therapy with medicinal products not known to cause hypoglycaemia (metformin), rates of hypoglycaemia reported with linagliptin were similar to rates in patients taking placebo. When linagliptin was added to a sulphonylurea (on a background of metformin), the incidence of hypoglycaemia was increased over that of placebo. Sulphonylureas and insulin are known to cause hypoglycaemia. Therefore, caution is advised when linagliptin is used in combination with a sulphonylurea and/or insulin. A dose reduction of the sulphonylurea or insulin may be considered. *Acute pancreatitis:* Use of DPP-4 inhibitors has been associated with a risk of developing acute pancreatitis. Acute pancreatitis has been observed in patients taking linagliptin. In a cardiovascular and renal safety study (CARMELINA) with median observation period of 2.2 years, adjudicated acute pancreatitis was reported in 0.3% of patients treated with linagliptin and in 0.1% of patients treated with placebo. *Patients should be informed of the* characteristic symptoms of acute pancreatitis. If pancreatitis is suspected, LINAXA should be discontinued; if acute pancreatitis is confirmed, LINAXA should not be restarted. Caution should be exercised in patients with a history of pancreatitis. *Bullous pemphigoid:* Bullous pemphigoid has been observed in patients taking linagliptin. In the CARMELINA study, bullous pemphigoid was reported in 0.2% of patients on treatment with linagliptin and in no patient on placebo. If bullous pemphigoid is suspected, should be discontinued.

**DRUG INTERACTIONS:** *In vitro assessment of interactions:* Linagliptin is a weak competitive and a weak to moderate mechanism-based inhibitor of CYP isozyme CYP3A4, but does not inhibit other CYP isozymes. It is not an inducer of CYP isozymes. Linagliptin is a P-glycoprotein substrate, and inhibits P-glycoprotein mediated transport of digoxin with low potency. Based on these results and in vivo interaction studies, linagliptin is considered unlikely to cause interactions with other Pgp substrates.

***In vivo assessment of interactions:*** Effects of other medicinal products on linagliptin- Clinical data described below suggest that the risk for clinically meaningful interactions by co-administered medicinal products is low. ***Rifampicin:*** multiple co-administration of 5 mg linagliptin with rifampicin, a potent inducer of P-glycoprotein and CYP3A4, resulted in a 39.6% and 43.8% decreased linagliptin steady-state AUC and Cmax. ***Ritonavir:*** co-administration of a single 5 mg oral dose of linagliptin and multiple 200 mg oral doses of ritonavir, a potent inhibitor of P-glycoprotein and CYP3A4, increased the AUC and Cmax of linagliptin approximately twofold and threefold, respectively. The unbound concentrations, which are usually less than 1% at the therapeutic dose of linagliptin, were increased 4-5-fold after co-administration with ritonavir. Simulations of steady-state plasma concentrations of linagliptin with and without ritonavir indicated that the increase in exposure will be not associated with an increased accumulation. These changes in linagliptin pharmacokinetics were not considered to be clinically relevant. Therefore, clinically relevant interactions would not be expected with other P-glycoprotein/CYP3A4 inhibitors. ***Metformin:*** co-administration of multiple three times daily doses of 850 mg metformin with 10 mg linagliptin once daily did not clinically meaningfully alter the pharmacokinetics of linagliptin in healthy volunteers. ***Sulphonylureas:*** the steady-state pharmacokinetics of 5 mg linagliptin was not changed by concomitant administration of a single 1.75 mg dose glibenclamide (glyburide) Effects of linagliptin on other medicinal products. In clinical studies, as described below, linagliptin had no clinically relevant effect on the pharmacokinetics of metformin, glyburide, simvastatin, warfarin, digoxin or oral contraceptives providing in vivo evidence of a low propensity for causing medicinal product interactions with substrates of CYP3A4, CYP2C9, CYP2C8, P-glycoprotein, and organic cationic transporter (OCT). ***Metformin:*** co-administration of multiple daily doses of 10 mg linagliptin with 850 mg metformin, an OCT substrate, had no relevant effect on the pharmacokinetics of metformin in healthy volunteers. ***Sulphonylureas:*** co-administration of multiple oral doses of 5 mg linagliptin and a single oral dose of 1.75 mg glibenclamide (glyburide) resulted in clinically not relevant reduction of 14% of both AUC and Cmax of glibenclamide. Because glibenclamide is primarily metabolised by CYP2C9, these data also support the conclusion that linagliptin is not a CYP2C9 inhibitor. ***Digoxin:*** co-administration of multiple daily doses of 5 mg linagliptin with multiple doses of 0.25 mg digoxin had no effect on the pharmacokinetics of digoxin in healthy volunteers. ***Simvastatin:*** multiple daily doses of linagliptin had a minimal effect on the steady-state pharmacokinetics of simvastatin, a sensitive CYP3A4 substrate, in healthy volunteers.

**ADVERSE REACTIONS:** Nasopharyngitis, Hypersensitivity (e.g. bronchial hyperreactivity, Hypoglycaemia, Cough, Pancreatitis, Constipation, Angioedema, Urticaria, Rash, Bullous pemphigoid, Amylase increased, Lipase increased

**MARKETED BY:**



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(Additional information is available on request)