



HIGHLIGHTS OF PRESCRIBING INFORMATION
These highlights do not include all the information needed to use CITALOPRAM TABLETS safely and effectively. See full prescribing information for CITALOPRAM TABLETS.
CITALOPRAM TABLETS, for oral use
Initial U.S. Approval: 1998

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS
See full prescribing information for complete boxed warning.
Increased risk of suicidal thoughts and behavior in pediatric and young adult patients taking antidepressants. Closely monitor all antidepressant-treated patients for clinical worsening and emergence of suicidal thoughts and behaviors (8.7).
Citalopram tablets are not approved for use in pediatric patients (8.6).

RECENT MAJOR CHANGES
INDICATIONS AND USAGE 08/2023
Citalopram is a selective serotonin reuptake inhibitor (SSRI) indicated for the treatment of major depressive disorder (MDD) in adults (1).
DOSE AND ADMINISTRATION
Administer once daily with or without food (2).
Initial dosage is 20 mg once daily, after one week may increase to maximum dosage of 40 mg once daily (2, 7).
Patients greater than 60 years of age, patients with hepatic impairment, and CYP2C19 poor metabolizers: maximum recommended dosage is 20 mg once daily (2, 2).

ADVERSE REACTIONS
Most common adverse reaction (incidence ≥ 5% and twice placebo) is ejaculation disorder (primarily ejaculatory delay) (6, 7).
To report SUSPECTED ADVERSE REACTIONS, contact Torrent Pharma Inc. at 1-800-972-9561 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.
DRUG INTERACTIONS
CYP2C19 Inhibitors: Citalopram tablets 20 mg daily is the maximum recommended dosage for patients taking concomitant CYP2C19 inhibitors (2, 2.4, 6, 6).

CONTRAINDICATIONS
Concomitant use of monoamine oxidase inhibitors (MAOIs) or use within 14 days of discontinuing a MAOI (4).
Concomitant use of pimozide (4).
Known hypersensitivity to citalopram or any of the inactive ingredients of citalopram tablets (4).
WARNINGS AND PRECAUTIONS
QT-Prolongation and Torsade de Pointes: Dose-dependent QTc prolongation. Torsade de pointes, ventricular tachycardia, and sudden death have occurred. Avoid use of citalopram tablets in patients with congenital long QT syndrome, bradycardia, hypokalemia or hypomagnesemia, recent acute myocardial infarction, or uncompensated heart failure and patients taking other drugs that prolong the QTc interval. Monitor electrolytes in patients at high risk for hypokalemia or hypomagnesemia. Discontinue citalopram tablets in patients with persistent QTc measurements ≥ 500 ms (5, 7).

INDICATIONS AND USAGE
Citalopram tablets are indicated for the treatment of major depressive disorder (MDD) in adults (see Clinical Studies (14)).
DOSE AND ADMINISTRATION
2.1 Recommended Dosage
Administer citalopram tablets once daily, with or without food, at an initial dosage of 20 mg once daily, with an increase to a maximum dosage of 40 mg once daily at an interval of no less than one week.
2.2 Screen for Bipolar Disorder Prior to Starting Citalopram Tablets
Prior to initiating treatment with citalopram tablets or another antidepressant, screen patients for a personal or family history of bipolar disorder, mania, or hypomania (see Warnings and Precautions (5.2)).
2.3 Recommended Dosage for Specific Populations
The maximum recommended dosage of citalopram tablets for patients who are greater than 60 years of age, patients with hepatic impairment, and for CYP2C19 poor metabolizers is 20 mg once daily (see Warnings and Precautions (5.2), Clinical Pharmacology (12.3)).
2.4 Dosage Modifications with Concomitant Use of CYP2C19 Inhibitors
The maximum recommended dosage of citalopram tablets when used concomitantly with a CYP2C19 inhibitor is 20 mg once daily (see Warnings and Precautions (5.2), Drug Interactions (7)).
2.5 Switching Patients to or from a Monoamine Oxidase Inhibitor Antidepressant
At least 14 days must elapse between discontinuation of a monoamine oxidase inhibitor (MAOI) antidepressant and initiation of therapy with citalopram tablets. Conversely, at least 14 days must elapse after stopping citalopram tablets before starting an MAOI antidepressant (see Contraindications (4) and Warnings and Precautions (5.3)).
2.6 Discontinuing Treatment with Citalopram Tablets
Adverse reactions may occur upon discontinuation of citalopram tablets (see Warnings and Precautions (5.6)). Gradually reduce the dosage rather than stopping citalopram tablets abruptly whenever possible.

DOSE AND ADMINISTRATION
Citalopram tablets, USP are available as:
• 10 mg: Tan coloured, round shaped, biconvex film coated tablets with '10' debossed on one side and plain on the other side.
• 20 mg: Tan coloured, oval shaped, biconvex film coated tablets with '20' debossed ('2' on left side and '0' on right side of the break line) on one side and '1010' on the other side.
• 40 mg: Tan coloured, oval shaped, biconvex film coated tablets with '410' debossed ('4' on left side and '0' on right side of the break line) on one side and '1011' on the other side.
CONTRAINDICATIONS
Citalopram tablets are contraindicated in patients:
• taking, or within 14 days of stopping, MAOIs (including MAOIs such as linezolid or intravenous methylene blue) because of an increased risk of serotonin syndrome (see Warnings and Precautions (5.3), Drug Interactions (7)).
• taking pimozide because of risk of QTc prolongation (see Drug Interactions (7)).
• with known hypersensitivity to citalopram or any of the inactive ingredients in citalopram tablets. Reactions have included angioedema and anaphylaxis (see Adverse Reactions (6.2)).
WARNINGS AND PRECAUTIONS
5.1 Suicidal Thoughts and Behavior in Adolescents and Young Adults
In pooled analyses of placebo-controlled trials of antidepressant drugs (SSRIs and other antidepressant classes) that included approximately 77,000 adult patients, and 4,500 pediatric patients, the incidence of suicidal thoughts and behaviors in antidepressant-treated patients age 24 years and younger was greater than in placebo-treated patients. There was considerable variation in risk of suicidal thoughts and behaviors among drugs, but there was an increased risk identified in young patients for most drugs studied. There were differences in absolute risk of suicidal thoughts and behaviors across the different indications, with the highest incidence in patients with MDD. The drug-placebo differences in the number of cases of suicidal thoughts and behaviors per 1,000 patients treated are provided in Table 3.
Table 3. Risk Differences of the Number of Patients with Suicidal Thoughts and Behaviors in the Pooled Placebo-Controlled Trials of Antidepressants in Pediatric and Adult Patients

monitoring. Hypokalemia (and/or hypomagnesemia) may increase the risk of QTc prolongation and arrhythmia, and should be corrected prior to initiation of treatment and periodically monitored. ECG monitoring is recommended in patients for whom citalopram use is not recommended unless the benefits clearly outweigh the risks for a particular patient (see above). These include those patients with the cardiac conditions noted above, and those patients who may prolong the QTc interval. Monitor electrolytes in patients at high risk for hypokalemia or hypomagnesemia. Discontinue citalopram tablets in patients with persistent QTc measurements ≥ 500 ms (5, 7).
5.3 Serotonin Syndrome
SSRIs, including citalopram tablets, can precipitate serotonin syndrome, a potentially life-threatening condition. The risk is increased with concomitant use of other serotonergic drugs (including triptans, tryptophan, tryptamine, tramadol, meprobamate, methadone, hydrocodone, bupropion, amphetamines, and St. John's Wort) and with drugs that impair metabolism of serotonergic agents, i.e., MAOIs (see Contraindications (4), Drug Interactions (7)). Serotonin syndrome can also occur when these drugs are used alone. Symptoms of serotonin syndrome were noted in 0.1% of MDD patients treated with citalopram tablets in premarketing clinical trials.
5.4 Angle-Closure Glaucoma
Serotonin syndrome signs and symptoms may include mental status changes (e.g., agitation, hallucinations, delirium, and coma), autonomic instability (e.g., tachycardia, labile blood pressure, dizziness, diaphoresis, flushing, hyperthermia), neuromuscular symptoms (e.g., tremor, rigidity, myoclonus, hyperreflexia, incoordination), seizures, and gastrointestinal symptoms (e.g., nausea, vomiting, diarrhea).
5.5 Activation of Mania/Hypomania
Screen patients for bipolar disorder (5.9).
5.6 Seizures
Use with caution in patients with seizure disorder (5.7).
5.7 Angle-Closure Glaucoma
Avoid use of citalopram tablets in patients with untreated anatomically narrow angles (5.8).
5.8 Hypomania
Can occur in association with syndrome of inappropriate antidiuretic hormone secretion (5.9).
5.9 Sexual Dysfunction
Citalopram tablets may cause symptoms of sexual dysfunction (5.10).

ADVERSE REACTIONS
6.1 Clinical Trials Experience
6.2 Postmarketing Experience
DRUG INTERACTIONS
7 USE IN SPECIFIC POPULATIONS
8.1 Pregnancy
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DRUG ABUSE AND DEPENDENCE
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12.2 Pharmacodynamics
NONCLINICAL TOXICOLOGY
13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility
13.2 Reproductive Toxicology
CLINICAL STUDIES
14.1 Clinical Studies
HOW SUPPLIED/STORAGE AND HANDLING
16.1 Patient Counseling Information
PATENT COUNSELLING INFORMATION
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ADVERSE REACTIONS
The following adverse reactions are discussed in greater detail in other sections of the labeling:
• Hypersensitivity reactions (see Contraindications (4)).
• Suicidal thoughts and behaviors in adolescents and young adults (see Warnings and Precautions (5.1)).
• QT-prolongation and torsade de pointes (see Warnings and Precautions (5.2)).
• Serotonin syndrome (see Warnings and Precautions (5.3)).
• Increased risk of bleeding (see Warnings and Precautions (5.5)).
• Activation of mania/hypomania (see Warnings and Precautions (5.9)).
• Discontinuation syndrome (see Warnings and Precautions (5.6)).
• Seizures (see Warnings and Precautions (5.7)).
• Angle-closure glaucoma (see Warnings and Precautions (5.8)).
• Sexual dysfunction (see Warnings and Precautions (5.10)).
6.1 Clinical Trials Experience
Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical studies of another drug and may not reflect the rates observed in clinical practice.
The safety for citalopram tablets included citalopram exposures in patients and/or healthy subjects from 3 different groups of studies: 429 healthy subjects in clinical pharmacology/pharmacokinetics studies; 4,422 exposures from patients in controlled and uncontrolled clinical trials; and 10,885 patients with MDD who received citalopram tablets at doses ranging from 10 mg to 80 mg once daily in placebo-controlled trials up to 6 weeks duration. 16% discontinued treatment due to an adverse reaction, as compared to 8% of 446 patients receiving placebo. Table 2. Adverse Reactions (≥2% and Greater than Placebo) Among Citalopram-Treated Patients*

Table 2. Adverse Reactions Associated with Discontinuation of Citalopram Treatment in Short-Term, Placebo-Controlled MDD Trials

Body System/Adverse Reaction	Citalopram (N=1,063) %	Placebo (N=446) %
General		
Asthenia	1	<1
Gastrointestinal Disorders		
Nausea	4	0
Dry Mouth	1	<1
Vomiting	1	0
Central and Peripheral Nervous System Disorders		
Dizziness	2	<1
Psychiatric Disorders		
Insomnia	3	1
Somnolence	2	1
Agitation	1	<1

*A patient can report more than one reason for discontinuation and be counted more than once in this table. Table 2 enumerates the incidence of adverse reactions that occurred among 1,063 patients with MDD who received citalopram tablets at doses ranging from 10 mg to 80 mg once daily in placebo-controlled trials of up to 6 weeks duration. The most common adverse reaction that occurred in citalopram-treated patients with an incidence of 5% or greater and at least twice the incidence in placebo patients was ejaculation disorder (primarily ejaculatory delay) in male patients (see Table 3).
Table 3. Adverse Reactions (≥2% and Greater than Placebo) Among Citalopram-Treated Patients*

Body System/Adverse Reaction	Citalopram (N=1,063) %	Placebo (N=446) %
Gastrointestinal Disorders		
Nausea	21	14
Diarrhea	8	5
Dispepsia	5	4
Vomiting	4	3
Abdominal Pain	3	2
Autonomic Nervous System Disorders		
Dry Mouth	20	14
Sweating Increased	11	9
Psychiatric Disorders		
Insomnia	18	10
Agitation	15	14
Anorexia	4	2
Apnea	3	1
Dysmenorrhea	3	2
Lbido Decreased	2	<1
Tinnitus	2	<1
Central and Peripheral Nervous System Disorders		
Tremor	8	6
Urogenital		
Ejaculation Disorder††	6	1
Impotence†	3	<1
Respiratory System Disorders		
Upper Respiratory Tract Infection	5	4
Rhinitis	5	3
Sinusitis	3	<1
General		
Fatigue	5	3

5.1 Suicidal Thoughts and Behavior in Adolescents and Young Adults
In pooled analyses of placebo-controlled trials of antidepressant drugs (SSRIs and other antidepressant classes) that included approximately 77,000 adult patients, and 4,500 pediatric patients, the incidence of suicidal thoughts and behaviors in antidepressant-treated patients age 24 years and younger was greater than in placebo-treated patients. There was considerable variation in risk of suicidal thoughts and behaviors among drugs, but there was an increased risk identified in young patients for most drugs studied. There were differences in absolute risk of suicidal thoughts and behaviors across the different indications, with the highest incidence in patients with MDD. The drug-placebo differences in the number of cases of suicidal thoughts and behaviors per 1,000 patients treated are provided in Table 3.
Table 3. Risk Differences of the Number of Patients with Suicidal Thoughts and Behaviors in the Pooled Placebo-Controlled Trials of Antidepressants in Pediatric and Adult Patients

Age Range*	Drug-Placebo Difference in Number of Patients with Suicidal Thoughts or Behaviors per 1,000 Patients Treated
	Increases Compared to Placebo
<18 years old	14 additional patients
18 to 24 years old	5 additional patients
	Decreases Compared to Placebo
25 to 64 years old	1 fewer patient
≥65 years old	6 fewer patients

5.2 QT-Prolongation and Torsade de Pointes
Citalopram tablets cause dose-dependent QTc prolongation and an ECG abnormality that has been associated with Torsade de Pointes (TdP), ventricular tachycardia, and sudden death, all of which have been observed in postmarketing reports for citalopram (see Adverse Reactions (6.2)). Because of the risk of QTc prolongation in higher citalopram tablet doses, it is recommended that citalopram tablets not be given at doses above 40 mg once daily (see Dosage and Administration (2.4), Clinical Pharmacology (12.3)).
Citalopram tablets should be avoided in patients with congenital long QT syndrome, bradycardia, hypokalemia or hypomagnesemia, recent acute myocardial infarction, or uncompensated heart failure unless the benefits outweigh the risks for a particular patient. Citalopram tablets should also be avoided in patients who are taking other drugs that prolong the QTc interval (see Contraindications (4), Clinical Pharmacology (12.3)).
The citalopram dose should be limited in certain populations. The maximum dose should be limited to 20 mg once daily in patients who are CYP2C19 poor metabolizers or those patients receiving concomitant cimetidine or another CYP2C19 inhibitor, since higher citalopram exposures would be expected. The maximum dose should also be limited to 20 mg once daily in patients with hepatic impairment and in patients who are greater than 60 years of age because of expected higher exposures (see Dosage and Administration (2.4, 6), Drug Interactions (7), Use in Specific Populations (8.5), Clinical Pharmacology (12.3)).
Electrolyte and/or ECG monitoring is recommended in certain circumstances. Patients being considered for treatment with citalopram tablets who are at risk for significant electrolyte disturbances should have baseline serum potassium and magnesium measurements with periodic

5.3 Serotonin Syndrome
SSRIs, including citalopram tablets, can precipitate serotonin syndrome, a potentially life-threatening condition. The risk is increased with concomitant use of other serotonergic drugs (including triptans, tryptophan, tryptamine, tramadol, meprobamate, methadone, hydrocodone, bupropion, amphetamines, and St. John's Wort) and with drugs that impair metabolism of serotonergic agents, i.e., MAOIs (see Contraindications (4), Drug Interactions (7)). Serotonin syndrome can also occur when these drugs are used alone. Symptoms of serotonin syndrome were noted in 0.1% of MDD patients treated with citalopram tablets in premarketing clinical trials.
5.4 Angle-Closure Glaucoma
Serotonin syndrome signs and symptoms may include mental status changes (e.g., agitation, hallucinations, delirium, and coma), autonomic instability (e.g., tachycardia, labile blood pressure, dizziness, diaphoresis, flushing, hyperthermia), neuromuscular symptoms (e.g., tremor, rigidity, myoclonus, hyperreflexia, incoordination), seizures, and gastrointestinal symptoms (e.g., nausea, vomiting, diarrhea).
5.5 Activation of Mania/Hypomania
Screen patients for bipolar disorder (5.9).
5.6 Seizures
Use with caution in patients with seizure disorder (5.7).
5.7 Angle-Closure Glaucoma
Avoid use of citalopram tablets in patients with untreated anatomically narrow angles (5.8).
5.8 Hypomania
Can occur in association with syndrome of inappropriate antidiuretic hormone secretion (5.9).
5.9 Sexual Dysfunction
Citalopram tablets may cause symptoms of sexual dysfunction (5.10).

6. ADVERSE REACTIONS
6.1 Clinical Trials Experience
6.2 Postmarketing Experience
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8. USE IN SPECIFIC POPULATIONS
8.1 Pregnancy
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• Suicidal thoughts and behaviors in adolescents and young adults (see Warnings and Precautions (5.1)).
• QT-prolongation and torsade de pointes (see Warnings and Precautions (5.2)).
• Serotonin syndrome (see Warnings and Precautions (5.3)).
• Increased risk of bleeding (see Warnings and Precautions (5.5)).
• Activation of mania/hypomania (see Warnings and Precautions (5.9)).
• Discontinuation syndrome (see Warnings and Precautions (5.6)).
• Seizures (see Warnings and Precautions (5.7)).
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6.1 Clinical Trials Experience
Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical studies of another drug and may not reflect the rates observed in clinical practice.
The safety for citalopram tablets included citalopram exposures in patients and/or healthy subjects from 3 different groups of studies: 429 healthy subjects in clinical pharmacology/pharmacokinetics studies; 4,422 exposures from patients in controlled and uncontrolled clinical trials; and 10,885 patients with MDD who received citalopram tablets at doses ranging from 10 mg to 80 mg once daily in placebo-controlled trials up to 6 weeks duration. 16% discontinued treatment due to an adverse reaction, as compared to 8% of 446 patients receiving placebo. Table 2. Adverse Reactions (≥2% and Greater than Placebo) Among Citalopram-Treated Patients*

Table 2. Adverse Reactions Associated with Discontinuation of Citalopram Treatment in Short-Term, Placebo-Controlled MDD Trials

Body System/Adverse Reaction	Citalopram (N=1,063) %	Placebo (N=446) %
General		
Asthenia	1	<1
Gastrointestinal Disorders		
Nausea	4	0
Dry Mouth	1	<1
Vomiting	1	0
Central and Peripheral Nervous System Disorders		
Dizziness	2	<1
Psychiatric Disorders		
Insomnia	3	1
Somnolence	2	1
Agitation	1	<1

*A patient can report more than one reason for discontinuation and be counted more than once in this table. Table 2 enumerates the incidence of adverse reactions that occurred among 1,063 patients with MDD who received citalopram tablets at doses ranging from 10 mg to 80 mg once daily in placebo-controlled trials of up to 6 weeks duration. The most common adverse reaction that occurred in citalopram-treated patients with an incidence of 5% or greater and at least twice the incidence in placebo patients was ejaculation disorder (primarily ejaculatory delay) in male patients (see Table 3).
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Abdominal Pain	3	2
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Dry Mouth	20	14
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Agitation	15	14
Anorexia	4	2
Apnea	3	1
Dysmenorrhea	3	2
Lbido Decreased	2	<1
Tinnitus	2	<1
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Ejaculation Disorder††	6	1
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Respiratory System Disorders		
Upper Respiratory Tract Infection	5	4
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Vomiting	4	3
Abdominal Pain	3	2
Autonomic Nervous System Disorders		
Dry Mouth	20	14
Sweating Increased	11	9
Psychiatric Disorders		
Insomnia	18	10
Agitation	15	14
Anorexia	4	2
Apnea	3	1
Dysmenorrhea	3	2
Lbido Decreased	2	<1
Tinnitus	2	<1
Central and Peripheral Nervous System Disorders		
Tremor	8	6
Urogenital		
Ejaculation Disorder††	6	1
Impotence†	3	<1
Respiratory System Disorders		
Upper Respiratory Tract Infection	5	4
Rhinitis	5	3
Sinusitis	3	<1
General		
Fatigue	5	3

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Drug Interaction Studies

In vitro enzyme inhibition data did not reveal an inhibitory effect of citalopram on CYP3A4, -2C9, or -2E1, but did suggest that it is a weak inhibitor of CYP1A2, -2D6, and -2C19. Citalopram was expected to have little inhibitory effect on *in vivo* metabolism mediated by these enzymes. However, *in vivo* data to address this question are limited.

CYP3A4 and CYP2C19 Inhibitors

Since CYP3A4 and CYP2C19 are the primary enzymes involved in the metabolism of citalopram, it is expected that potent inhibitors of CYP3A4 (e.g., ketoconazole, itraconazole, and macrolide antibiotics) and inhibitors of CYP2C19 (e.g., omeprazole, cimetidine) might decrease the clearance of citalopram. However, coadministration of citalopram and the potent CYP3A4 inhibitor ketoconazole did not significantly affect the pharmacokinetics of citalopram. 20 mg/day is the maximum recommended citalopram dose in patients taking concomitant cimetidine or another CYP2C19 inhibitor, because of the risk of QT prolongation [see Dosage and Administration (2.2), Warnings and Precautions (5.2)].

Cimetidine

In subjects who had received 21 days of 40 mg/day citalopram, combined administration of 400 mg twice a day cimetidine for 8 days resulted in an increase in citalopram AUC and C_{max} of 43% and 39%, respectively [see Dosage and Administration (4), Warnings and Precautions (5.2), Drug Interactions (7)].

CYP2D6 Inhibitors

Coadministration of a drug that inhibits CYP2D6 with citalopram is unlikely to have clinically significant effects on citalopram metabolism, based on the study results in CYP2D6 poor metabolizers.

Digoxin

In subjects who had received 21 days of 40 mg/day citalopram, combined administration of citalopram and digoxin (single dose of 1 mg) did not significantly affect the pharmacokinetics of either citalopram or digoxin.

Lithium

Coadministration of citalopram (40 mg/day for 10 days) and lithium (30 mmol/day for 5 days) had no significant effect on the pharmacokinetics of citalopram or lithium.

Pimozide

In a controlled study, a single dose of pimozide 2 mg co-administered with citalopram 40 mg given once daily for 11 days was associated with a mean increase in QTc values of approximately 10 msec compared to pimozide given alone.

Citalopram did not alter the mean AUC or C_{max} of pimozide. The mechanism of this pharmacodynamic interaction is not known [see Contraindications (4), Warnings and Precautions (5.2)].

Theophylline

Combined administration of citalopram (40 mg/day for 21 days) and the CYP1A2 substrate theophylline (single dose of 300 mg) did not affect the pharmacokinetics of theophylline. The effect of theophylline on the pharmacokinetics of citalopram was not evaluated.

Warfarin

Administration of 40 mg/day citalopram for 21 days did not affect the pharmacokinetics of warfarin, a CYP3A4 substrate. Prothrombin time was increased by 5%, the clinical significance of which is unknown.

Carbamazepine

Combined administration of citalopram (40 mg/day for 14 days) and carbamazepine (titrated to 400 mg/day for 35 days) did not significantly affect the pharmacokinetics of carbamazepine, a CYP3A4 substrate. Although trough citalopram plasma levels were unaffected, given the enzyme-inducing properties of carbamazepine, the possibility that carbamazepine might increase the clearance of citalopram should be considered if the two drugs are coadministered.

Triazolam

Combined administration of citalopram (titrated to 40 mg/day for 29 days) and the CYP3A4 substrate triazolam (single dose of 0.25 mg) did not significantly affect the pharmacokinetics of either citalopram or triazolam.

Ketoconazole

Combined administration of citalopram (40 mg) and ketoconazole (200 mg) decreased the C_{max} and AUC of ketoconazole by 21% and 10%, respectively, and did not significantly affect the pharmacokinetics of citalopram.

Metoprolol

Administration of 40 mg/day citalopram for 22 days resulted in a two-fold increase in the plasma levels of the beta adrenergic blocker metoprolol. Increased metoprolol plasma levels have been associated with decreased cardioselectivity. Coadministration of citalopram and metoprolol had no clinically significant effects on blood pressure or heart rate.

Imipramine and Other Tricyclic Antidepressants (TCAs)

In vitro studies suggest that citalopram is a relatively weak inhibitor of CYP2D6. Coadministration of citalopram (40 mg/day for 10 days) with the TCA imipramine (single dose of 100 mg), a substrate for CYP2D6, did not significantly affect the plasma concentrations of imipramine or citalopram. However, the concentration of the imipramine metabolite desipramine was increased by approximately 50%. The clinical significance of the desipramine change is unknown.

13 NONCLINICAL TOXICOLOGY**13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility****Carcinogenesis**

Citalopram increased the incidence of small intestine carcinoma in rats treated for 24 months at doses of 5 and 24 mg/kg/day in the diet, which are approximately 2 and 6 times the Maximum Recommended Human Dose (MRHD) of 40 mg, respectively, based on mg/m² body surface area. A no-effect level (NOEL) for this finding was not established.

Citalopram did not increase the incidence of tumors in mice treated for 18 months at doses up to 240 mg/kg/day in the diet, which is approximately 30 times the MRHD of 40 mg based on mg/m² body surface area.

Mutagenesis

Citalopram was mutagenic in the *in vitro* bacterial reverse mutation assay (Ames test) in 2 of 5 bacterial strains (Salmonella TA98 and TA1537) in the absence of metabolic activation. It was clastogenic in the *in vitro* Chinese hamster lung cell assay for chromosomal aberrations in the presence and absence of metabolic activation. Citalopram was not mutagenic in the *in vitro* mammalian forward gene mutation assay (HPR1) in mouse lymphoma cells or in an *in vitro* *in vivo* unscheduled DNA synthesis (UDS) assay in rat liver. It was not clastogenic in the *in vitro* chromosomal aberration assay in human lymphocytes or in two *in vivo* mouse micronucleus assays.

Impairment of Fertility

Citalopram was administered orally to female and male rats at doses of 32, 48, and 72 mg/kg/day prior to and throughout mating and continuing to gestation. These doses are approximately 8, 12, and 17 times the MRHD of 40 mg based on mg/m² body surface area. Mating and fertility were decreased at doses > 32 mg/kg/day, which is approximately 8 times the MRHD. Gestation duration was increased at 48 mg/kg/day, which is approximately 12 times the MRHD.

13.2 Animal Toxicology and/or Pharmacology**Retinal Changes in Rats**

Pathologic changes (degeneration/atrophy) were observed in the retinas of albino rats in the 2-year carcinogenicity study with citalopram. There was an increase in both incidence and severity of retinal pathology in both male and female rats receiving 80 mg/kg/day, which is approximately 19 times the MRHD of 40 mg based on mg/m² body surface area. Similar findings were not present in rats treated for two years at the dose of 24 mg/kg/day, in mice treated for 18 months at doses up to 240 mg/kg/day, or in dogs treated for one year at doses up to 50 mg/kg/day, which are approximately 6, 29, and 17 times the MRHD, respectively, based on mg/m² body surface area.

Additional studies to investigate the mechanism for this pathology have not been performed, and the potential significance of this effect in humans has not been established.

14 CLINICAL STUDIES

The efficacy of citalopram as a treatment for major depressive disorder was established in two placebo-controlled studies (of 4 to 6 weeks duration) in adult outpatients (ages 18 to 64) meeting DSM-IV criteria for major depressive disorder (MDD) (Studies 1 and 2).

Study 1, a 6-week trial in which patients received fixed citalopram doses of 10 mg, 20 mg, 40 mg, and 60 mg daily, showed that citalopram 40 mg daily and 60 mg daily (1.5 times the maximum recommended daily dosage) was effective as measured by the Hamilton Depression Rating Scale (HAM-D) total score, the primary efficacy endpoint. The HAM-D-17 is a 17-item, clinician-rated scale used to assess severity of depressive symptoms. Scores on the HAM-D-17 range from 0 to 52, with higher scores indicating more severe depression. This study showed no clear effect of the 10 mg and 20 mg daily doses, and the 60 mg daily dose was not more effective than the 40 mg daily dose. Due to the risk of QTc prolongation and ventricular arrhythmias, the maximum recommended dosage of citalopram is 40 mg once daily.

In study 2, a 4-week, placebo-controlled trial in patients with MDD, the initial dose was 20 mg daily, followed by titration to the maximum tolerated dose or a maximum dose of 80 mg daily (2 times the maximum recommended daily dosage). Patients treated with citalopram showed statistically significantly greater improvement than placebo patients on the HAM-D total score, the primary efficacy endpoint. In three additional placebo-controlled trials in patients with MDD, the difference in response to treatment between patients receiving citalopram and patients receiving placebo was not statistically significant.

In two long-term studies, patients with MDD who had responded to citalopram during an initial 6 or 8 weeks of acute treatment were randomized to continuation of citalopram or placebo. In one study, patients received fixed doses of citalopram 20 mg or 40 mg daily and in the second study, patients received flexible doses of citalopram 20 mg daily to 60 mg daily (1.5 times the maximum recommended daily dosage). In both studies, patients receiving continued citalopram treatment experienced statistically significantly lower relapse rates over the subsequent 6 months compared to those receiving placebo. In the lead-dose study, the decreased rate of depression relapse was similar in patients receiving 20 mg or 40 mg daily of citalopram. Due to the risk of QTc prolongation and ventricular arrhythmias, the maximum recommended dosage of citalopram is 40 mg once daily. Analyses of the relationship between treatment outcome and age, gender, and race did not suggest any differential responsiveness on the basis of these patient characteristics.

16 HOW SUPPLIED/STORAGE AND HANDLING

Citalopram Tablets, USP contain citalopram hydrobromide USP, equivalent to 10, 20 or 40 mg citalopram base.

Citalopram Tablets, USP 10 mg

Bottle of 100 NDC 13668-009-01

Bottle of 500 NDC 13668-009-05

Tan coloured, round shaped, bicovex film coated tablets with '10' debossed on one side and plain on the other side.

Citalopram Tablets, USP 20 mg

Bottle of 100 NDC 13668-010-01

Bottle of 500 NDC 13668-010-05

Tan coloured, oval shaped, bicovex film coated tablets with '2|0' debossed ('2' on left side and '0' on right side of the break line) on one side and '1010' on the other side.

Citalopram Tablets, USP 40 mg

Bottle of 100 NDC 13668-011-01

Bottle of 500 NDC 13668-011-05

Tan coloured, oval shaped, bicovex film coated tablets with '4|0' debossed ('4' on left side and '0' on right side of the break line) on one side and '1011' on the other side.

Storage and Handling

Store at 20° to 25° C (68° to 77° F); excursions permitted to 15° to 30° C (59° to 86° F) [see USP Controlled Room Temperature].

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Medication Guide).

Suicidal Thoughts and Behaviors

Advise patients and caregivers to look for the emergence of suicidality, especially early during treatment and when the dosage is adjusted up or down, and instruct them to report such symptoms to the healthcare provider [see Based Warning, Warnings and Precautions (5.1)].

QT Prolongation and Torsade de Pointes

Advise patients to consult their health care provider immediately if they feel faint, lose consciousness, or have heart palpitations. Instruct patients to inform their health care provider that they are taking citalopram tablets before taking any new medications [see Warnings and Precautions (5.2), Drug Interactions (7)].

Serotonin Syndrome

Caution patients about the risk of serotonin syndrome, particularly with the concomitant use of citalopram tablets with other serotonergic drugs including triptans, tricyclic antidepressants, opioids, lithium, tryptophan, buspirone, amphetamines, St. John's Wort, and with drugs that impair metabolism of serotonin (in particular, MAOIs, both those intended to treat psychiatric disorders and also others, such as linezolid). Instruct patients to contact their health care provider or report to the emergency room if they experience signs or symptoms of serotonin syndrome [see Warnings and Precautions (5.3), Drug Interactions (7)].

Increased Risk of Bleeding

Inform patients about the concomitant use of citalopram tablets with aspirin, NSAIDs, other antiplatelet drugs, warfarin, or other anticoagulants because the combined use has been associated with an increased risk of bleeding. Advise patients to inform their health care providers if they are taking or planning to take any prescription or over-the-counter medications that increase the risk of bleeding [see Warnings and Precautions (5.4)].

Activation of Mania or Hypomania

Advise patients and their caregivers to observe for signs of activation of mania/hypomania and instruct them to report such symptoms to the healthcare provider [see Warnings and Precautions (5.5)].

Discontinuation Syndrome

Advise patients not to abruptly discontinue citalopram tablets and to discuss any tapering regimen with their healthcare provider. Inform patients that adverse reactions can occur when citalopram tablets are discontinued [See Warnings and Precautions (5.6)].

Sexual Dysfunction

Advise patients that use of citalopram tablets may cause symptoms of sexual dysfunction in both male and female patients. Inform patients that they should discuss any changes in sexual function and potential management strategies with their healthcare provider [see Warnings and Precautions (5.10)].

Pregnancy

Advise patients to notify their healthcare provider if they become pregnant or intend to become pregnant during treatment with citalopram tablets [see Use in Specific Populations (8.1)].

Advise patients that citalopram use late in pregnancy may lead to an increased risk for neonatal complications requiring prolonged hospitalization, respiratory support, tube feeding, and/or persistent pulmonary hypertension of the newborn (PPHN) [see Use in Specific Populations (8.1)].

Advise women that there is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to citalopram during pregnancy [see Use in Specific Populations (8.1)].

Lactation

Advise breastfeeding women to monitor infants for excess sedation, restlessness, agitation, poor feeding and poor weight gain and to seek medical care if they notice these signs [see Use in Specific Populations (8.2)].

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MEDICATION GUIDE**CITALOPRAM (si TAL o pram), USP
(Citalopram)
Tablets, for oral use****What is the most important information I should know about citalopram tablets?**

Citalopram tablets may cause serious side effects, including:

• **Increased risk of suicidal thoughts and actions.** Citalopram tablets and other antidepressant medicines may increase suicidal thoughts and actions in some children, adolescents, and young adults **especially within the first few months of treatment or when the dose is changed. Citalopram tablets are not for use in children.**

○ Depression and other mental illnesses are the most important causes of suicidal thoughts and actions.

How can I watch for and try to prevent suicidal thoughts and actions in myself or a family member?

○ Pay close attention to any changes, especially sudden changes in mood, behavior, thoughts, or feelings, or if you develop suicidal thoughts or actions. This is very important when an antidepressant medicine is started or when the dose is changed.

○ Call your healthcare provider right away to report new or sudden changes in mood, behavior, thoughts, or feelings.

○ Keep all follow-up visits with your healthcare provider as scheduled. Call your healthcare provider between visits as needed, especially if you have concerns about symptoms.

Call your healthcare provider or get emergency medical help right away if you or your family member have any of the following symptoms, especially if they are new, worse, or worry you:

- thoughts about suicide or dying
- attempts to commit suicide
- new or worse depression
- new or worse anxiety
- feeling very agitated or restless
- acting on dangerous impulses
- trouble sleeping (insomnia)
- panic attacks
- acting aggressive, being angry, or violent
- new or worse irritability
- an extreme increase in activity or talking (mania)
- other unusual changes in behavior or mood

What are citalopram tablets?

Citalopram tablets are a prescription medicine used to treat a certain type of depression called Major Depressive Disorder (MDD) in adults.

It is not known if citalopram tablets are safe and effective for use in children.

Who should not take citalopram tablets?

Do not take citalopram tablets if you:

- take a Monoamine Oxidase Inhibitor (MAOI)
- have stopped taking an MAOI in the last 14 days
- are being treated with the antibiotic linezolid or intravenous methylene blue
- take pimozide

• are allergic to citalopram or any of the ingredients in citalopram tablets. See the end of this Medication Guide for a complete list of ingredients in citalopram tablets.

Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including MAOIs such as linezolid or intravenous methylene blue.

Do not start taking an MAOI for at least 14 days after you stop treatment with citalopram tablets.

Before taking citalopram tablets, tell your healthcare provider about all your medical conditions, including if you:

- have or have a family history of suicide, depression, bipolar disorder, mania or hypomania
- have an abnormal heart rhythm called QT prolongation
- have or had heart problems, including a heart attack, heart failure, abnormal heart rhythm, or long QT syndrome
- have low potassium, magnesium, or sodium levels in your blood
- have or had bleeding problems
- have or had seizures (convulsions)
- have high pressure in the eye (glaucoma)
- have or had kidney or liver problems
- are pregnant or plan to become pregnant. Citalopram tablets may harm your unborn baby. Taking citalopram tablets late in pregnancy may lead to an increased risk of certain problems in your newborn. Talk to your healthcare provider about the risks and benefits of treating depression during pregnancy.
- Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with citalopram tablets.
- There is a pregnancy registry for females who are exposed to citalopram during pregnancy. The purpose of the registry is to collect information about the health of females exposed to citalopram and their baby. If you become pregnant during treatment with citalopram tablets, talk to your healthcare provider about registering with the National Pregnancy Registry for Antidepressants. You can register by calling 1-844-405-6185 or visiting online at <https://womensmentalhealth.org/research/pregnancyregistry/antidepressants>.
- are breastfeeding or plan to breastfeed. It is not known if citalopram passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with citalopram tablets.
- If you breastfeed during treatment with citalopram tablets, call your healthcare provider right away if your baby develops sleepiness or fussiness, or is not feeding or gaining weight well.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Citalopram tablets and other medicines may affect each other causing possible serious side effects. Citalopram tablets may affect the way other medicines work and other medicines may affect the way citalopram tablets work.

Especially tell your healthcare provider if you take:

- medicines used to treat migraine headaches known as triptans
- tricyclic antidepressants
- lithium
- tramadol, fentanyl, meperidine, methadone, or other opioids
- tryptophan
- buspirone
- amphetamines
- St. John's Wort
- medicines that can affect blood clotting such as aspirin, nonsteroidal anti-inflammatory drugs (NSAIDs) and warfarin
- diuretics
- methadone
- gatifloxacin or moxifloxacin
- medicines used to control your heart rate or rhythm (antiarrhythmics)
- medicines used to treat mood, anxiety, psychotic or thought disorders, including selective serotonin reuptake inhibitors (SSRIs) and serotonin norepinephrine reuptake inhibitors (SNRIs)

Ask your healthcare provider if you are not sure if you are taking any of these medicines. Your healthcare provider can tell you if it is safe to take citalopram tablets with your other medicines.

Do not start or stop any other medicines during treatment with citalopram tablets without talking to your healthcare provider first. Stopping citalopram tablets suddenly may cause you to have serious side effects. See, **“What are the possible side effects of citalopram tablets?”**

Know the medicines you take. Keep a list of them to show to your healthcare provider and pharmacist when you get a new medicine.

How should I take citalopram tablets?

- Take citalopram tablets exactly as your healthcare provider tells you to take it. Do not change your dose or stop taking citalopram tablets without first talking to your healthcare provider.
- Your healthcare provider may need to change the dose of citalopram tablets until it is the right dose for you.
- Take citalopram tablets 1 time each day with or without food.
- If you take too many citalopram tablets, call your healthcare provider or poison control center at 1-800-222-1222, or go to the nearest hospital emergency room right away.

What are the possible side effects of citalopram tablets?

Citalopram tablets may cause serious side effects, including:

• See, **“What is the most important information I should know about citalopram tablets?”**

• **Heart rhythm problems.** Citalopram tablets may cause a serious change in your heartbeat (a fast or irregular heartbeat) that may cause death. Tell your healthcare provider right away if you feel faint or pass out, or if you have a change in your heart beat.

• **Serotonin syndrome.** Taking citalopram tablets can cause a potentially life-threatening problem called serotonin syndrome. The risk of developing serotonin syndrome is increased when citalopram tablets are taken with certain other medicines. See, **“Who should not take citalopram tablets?”** Call your healthcare provider or go to the nearest hospital emergency room right away if you have any of the following signs and symptoms of serotonin syndrome:

- agitation
- seeing or hearing things that are not real (hallucinations)
- confusion
- coma
- fast heartbeat
- blood pressure changes
- dizziness
- sweating
- flushing
- high body temperature (hyperthermia)
- tremors, stiff muscles, or muscle twitching
- loss of coordination
- seizures
- nausea, vomiting, diarrhea

• **Increased risk of bleeding.** Taking citalopram tablets with aspirin, non-steroidal anti-inflammatory drugs (NSAIDs), warfarin or blood thinners may add to this risk. Tell your healthcare provider right away about any unusual bleeding or bruising.

• **Manic episodes.** Manic episodes may happen in people with bipolar disorder who take citalopram tablets. Symptoms may include:

- greatly increased energy
- severe trouble sleeping
- racing thoughts
- reckless behavior
- unusually grand ideas
- excessive happiness or irritability
- talking more or faster than usual

• **Discontinuation syndrome.** Suddenly stopping citalopram tablets may cause you to have serious side effects. Your healthcare provider may want to decrease your dose slowly. Symptoms may include:

- nausea
- sweating
- changes in your mood
- headache
- irritability and agitation
- tiredness
- dizziness
- problems sleeping
- electric shock sensation (paresthesia)
- hypomania
- anxiety
- ringing in your ears (tinnitus)
- confusion
- seizures

- **Seizures (convulsions).**
- **Eye problems (angle-closure glaucoma).** Many antidepressant medicines, including citalopram tablets, may cause a certain type of eye problem called angle-closure glaucoma. Call your healthcare provider if you have changes in your vision or eye pain.
- **Low sodium levels in your blood (hyponatremia).** Low sodium levels in your blood may be serious and may cause death. Elderly people may be at greater risk for this. Tell your healthcare provider right away if you develop any signs or symptoms of low sodium levels in your blood during treatment with citalopram tablets. Signs and symptoms of low sodium levels in your blood may include:
 - headache
 - difficulty concentrating
 - memory changes
 - confusion
 - weakness and unsteadiness on your feet which can lead to falls

In severe or more sudden cases, signs and symptoms include:

- hallucinations (seeing or hearing things that are not real)
- fainting
- seizures
- coma
- stopping breathing
- death

• **Sexual problems (dysfunction).** Taking selective serotonin reuptake inhibitors (SSRIs), including citalopram tablets, may cause sexual problems.

Symptoms in males may include:

- Delayed ejaculation or inability to have an ejaculation
- Decreased sex drive
- Problems getting or keeping an erection

Symptoms in females may include:

- Decreased sex drive
- Delayed orgasm or inability to have an orgasm

Talk to your healthcare provider if you develop any changes in your sexual function or if you have any questions or concerns about sexual problems during treatment with citalopram tablets. There may be treatments your healthcare provider can suggest.

The most common side effect of citalopram tablets is delayed ejaculation.

These are not all the possible side effects of citalopram tablets.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store citalopram tablets?

- Store at 20° to 25° C (68° to 77° F); excursions permitted to 15° to 30° C (59° to 86° F) [see USP Controlled Room Temperature].
- **Keep citalopram tablets and all medicines out of the**